

# Speaking the Unspeakable: Trauma through crisis and displacement in early childhood

Joint Webinar on *Semillas de Apego*

**Date:** Thursday 12 March 2020

**Time:** 9:00 am PDT / 12:00 pm EDT / 5:00 pm CET

**Register:** [bit.ly/SemillasWebinar](https://bit.ly/SemillasWebinar)

## Description:

This webinar will discuss the impact of trauma on young children and their parents, drawing on experience from *Semillas de Apego*, a Child-Parent Psychotherapy program developed jointly by the Child Trauma Research Program of the University of California, San Francisco, and Universidad de los Andes, Colombia.

Currently being implemented in the Tumaco municipality of Colombia – a region characterised by a high incidence of violence caused by drug trafficking and armed conflict – *Semillas de Apego* (translation: “seeds of attachment”) aims to mitigate the adverse consequences of trauma and violence for two vulnerable groups: mothers and young children (0-5 years) exposed to violence and forced displacement. Speakers will share the program curriculum and evaluation results and explore how actors working in the context of emergency and displacement can better incorporate an understanding of trauma into their work.



Source: *Semillas de Apego*

## Presenters:

- **Dr. Alicia Lieberman**, Director, Child Trauma Research Program, University of California, San Francisco
- **Dr. Vilma Reyes**, Clinical Supervisor/Associate Community Mental Health Initiative Director, Child Trauma Research Program, University of California, San Francisco



**Register online to attend:**

[bit.ly/SemillasWebinar](https://bit.ly/SemillasWebinar)

## About the Presenters:



**Dr. Alicia F. Lieberman**, is Irving B. Harris Endowed Chair in Infant Mental Health, Professor and Vice Chair for Faculty Development at University of California, San Francisco, Department of Psychiatry, and Director of the Child Trauma Research Program at Zuckerberg San Francisco General Hospital. She directs the Early Trauma Treatment Network, a center of SAMHSA National Child Traumatic Stress Network. She is the senior developer of Child-Parent Psychotherapy, an evidence-based treatment for traumatized children aged birth-five and their caregivers, broadly used nationally and internationally. Her research involves treatment outcome studies with traumatized young children from low-income and under-represented minority groups. She is author of *The Emotional Life of the Toddler*, described as “groundbreaking” and now in its second edition to mark its 25th year in continuous print.

Dr. Lieberman is also the author of numerous professional books and articles on early childhood mental health. She is on national organizational boards and in 2019 was appointed to the California Early Childhood Policy Council. She is the recipient of numerous awards, including in recent years the 2016 Rene Spitz Award for Lifetime Achievement from the World Association of Infant Mental Health (WAIMH), 2016 Hero Award from the San Francisco Department of Public Health, 2017 Whole Child Award from the Simms-Mann Institute, 2018 Blanche Ittleson Award from the Global Alliance for Behavioral Health and Social Justice, and 2019 Paulina Kernberg Award from the Weill Cornell School of Medicine.



**Dr. Vilma Reyes** is Associate Clinical Professor at the University of California, San Francisco in the Child Trauma Research Program. Since 2009, she has been providing Child-Parent Psychotherapy (CPP) services, training, clinical supervision, consultation and coordinating community-based mental health outreach services and evaluation. She is a national trainer in CPP and has co-authored articles and chapters on CPP theory and application.

Dr. Reyes developed a CPP-based group intervention, Building Bridges, which has been applied and researched in several community settings including seven family shelters across three counties in the Bay Area, California. This intervention was adapted to the displaced community in Bogota, Colombia and the Afro-Colombian community in Tumaco, Colombia. This adaptation, Semillas de Apego, is being researched in two randomized controlled studies with a sample size of over 1,200 families. Dr. Reyes has presented this research at national and international conferences, including the International Society for Traumatic Stress Studies.

In addition to her Doctorate degree in Clinical Psychology, Dr. Reyes has also earned a Master of Arts in Education and has experience offering consultation, supervision and training in trauma informed systems in school-based settings. Dr. Reyes is an immigrant from Peru and is devoted to increasing access to trauma-informed services for Latino immigrant families. She has done several lectures in national conferences on the intersection of immigration and trauma; with a focus on asylum seekers and refugees exposed to armed conflict, systemic oppression and racism.